



# Midwest Martial Arts Newsletter



Newsletter of the Southwind Shorin-ryu Organization

## Welcome to the FALL 2015 Newsletter School for Life!

Children have returned to school all over the United States. But at Midwest Martial Arts, everyone is back in school. Most of our adult members are either academic instructors or college students working on a degree or continuing education. Learning is the purest pleasure—the best way to stay young forever.

Some years ago, a small child once asked a Midwest Martial Arts instructor, “Are you a Master?” The instructor replied, “I am a novice, and always will be.” The child said, “What’s a novice?” The instructor replied, “A beginner.”

We are all beginners. Be sure to introduce yourself to new students and parents. Shake hands. Tell them your name. Ask their names. Compliment them on something. Anything: “Love your shirt.” It’s not hard. Show leadership. People will want to be friends with you.

## Women’s Personal Safety Education

Mr. Moore is holding open enrollment for the Women’s Personal Safety Education course at Midwest Martial Arts.



This is an exclusive class for women that meets after the classical karate classes have dismissed.

**Enrollment is open now.**

ORIENTATION: Wednesday, October 14<sup>th</sup>, 7:00-8:00 p.m.

**See Mr. Moore for details.**

Your News Center  
for  
*Midwest Martial Arts*

*Halloween Ninja Night*

*October 10<sup>th</sup>*

*7:00 - Midnight*

*Fun!  
Pizza!  
Movies!*



*Open to members age 5-12  
and guests*

**See Mr. Moore for details**



### Monthly Themes

Sept: Positive Self-Dimension

Oct: Positive Self-Projection

Nov: Themes 1-5:  
Awareness, Esteem,  
Control, Motivation,  
Expectancy

Check out our website at <http://SouthwindShorinryu.org>